

Executive Coaching & Leadership Development

We give executives the tools, guidance, and support they need to do work that makes them truly happy.



How We Work With Our Clients

Our team at Gillet Couto Consulting co-creates and partners with your leadership and teams to provide the solutions you desire. We provide a variation or combination of the following solutions:

- Training Programs: Design, Development and Facilitation
- Conferences & Seminars
- Strategies: Development and Implementation
- Executives Retreats
- Executive Coaching
- Assessments
- Discovery days
- Executive Round Tables

Note: All our services are offered in English, French, Portuguese, and Spanish.

A Note from Our Founder Sarah Gillet Couto

How are you supposed to measure success in the financial industry? For many executives, much of their happiness is tied to net gains, benchmarks, and other metrics that follow them home from the office.

We need to expand these measures to success to include meaningful engagement, fulfillment, even joy. I don't necessarily mean laughing more. Although I love what I do and I laugh a lot, the success I am referring to is about feeling at peace, aligned, and confident at work.

If you are tired of feeling disconnected, rushed, unhappy or unfulfilled, let's talk. Because I believe your life is better when you're free to pursue what matters the most to you.

- Sarah



Who We Are at Gillet Couto Consulting

Gillet Couto Consulting is a Miami-based executive coaching and leadership training boutique. We help executives and their teams in corporations and financial institutions connect with each other, ignite their passion for work, and build remarkable teams.



Featured Clients Who Trust Gillet Couto Consulting

- Charles Schwab
- HSBC
- Americaribe
- Estée Lauder
- Florida Int'l Banking Assoc.
- Banco BHD León
- BanReservas
- Quantum Business Brokers
- Banco do Brasil Americas
- Davivienda International
- Banco Santa Cruz
- Banco Adopem
- Banco de Crédito del Perú
- Banco Popular
- Synergy HomeCare

Success Story from One of Our Featured Clients...

"Sarah's energy and positive attitude are contagious. Following the trainings, our teams are now more engaged with the bank strategy and most importantly, to each other. These trainings are helping the bank consolidate its identity while investing resources to sharpen its workers' abilities and developing the future leaders of the bank."

Gustavo Iervolino Gonzalez
Project Manager, Banco do Brasil Americas, Miami, FL



A happier, more fulfilled team translates to higher productivity, less turnover, and more buy-in for future change.

See what's possible with Gillet Couto Consulting. Start a conversation today at sgilletcouth.com.



Sarah Gillet Couto

P.O. Box 562978
Miami, FL 33256-2978
305.984.9319
www.sgilletcouth.com